

## Working with People with Hoarding Behaviours

The DVD - *Working with People with Hoarding Behaviours* - is a learning resource containing practical strategies designed to assist Home and Community Care (HACC) staff in working in this area.

*Working with People with Hoarding Behaviours* explores hoarding with a range of experts and care providers who have worked with people who hoard. Some people with hoarding behaviours also share their personal insights.

The DVD is over 70 minutes in length and contains five sections:

- Personal Insights (4 minutes)
- Hoarding Explained (20 minutes)
- Principles of Intervention (10 minutes)
- Health & Safety Considerations (10 minutes)
- Practical Strategies (30 minutes)

There are also two documents of resource material which can be printed via a computer: **Discussion and Reflection Questions** and **Useful Resources**.

### Using This DVD Resource

This DVD can be used as a learning resource within a team or by individuals. Print the **Discussion and Reflection Questions** via a computer and use them to facilitate group discussion and as prompts for reflection through written responses. The **Discussion and Reflection Questions** have been designed for use prior to viewing the DVD and at the conclusion of each of the five sections. You are strongly recommended to make use of these questions to enhance staff learning and understanding. This process also affords staff a valuable opportunity to share their experiences in relation to this topic.

**Useful Resources** includes a definition of compulsive hoarding, links to websites, materials and ideas for future steps. It can be printed via a computer.

### Order Details

\$15.00 per DVD + \$5.50 standard postage + \$2.00 insurance =  
\$22.50 per DVD

**Available for purchase online using a credit card at:**

[www.visionaustralia.org.au/smrhacc/](http://www.visionaustralia.org.au/smrhacc/)

under the heading **Related information and resources**, click on [DVD – Working with People with Hoarding Behaviours](#)

### Definition

**Compulsive hoarding** is an issue that involves the following:

- the accumulation of, and difficulty discarding, objects that most other people would consider useless or of limited value;
- living spaces sufficiently cluttered to prevent or seriously limit the use of living spaces for the manner for which those spaces were intended; and
- the clutter, acquiring, or difficulty discarding causes significant impairment or distress.

### The DVD Project

The momentum for this project came from requests from the HACC workforce across the geographically dispersed Southern Metropolitan Region (SMR) for training about working with clients with hoarding behaviours. Resources to meet this growing learning and development need were limited in terms of expert facilitators, available learning resources and budget for ongoing sessions and internet access for alternate flexible delivery modes. Consequently, a DVD was seen to be the best option and was supported by the SMR HACC Training Advisory Committee.

***Working with People with Hoarding Behaviours* DVD** is an initiative of SMR HACC Training and the SMR HACC Training Advisory Committee in partnership with the Inner South Community Health Service. The Department of Health funded this project through SMR HACC Training which receives funding from the Victorian and Australian Governments.